Welcome to the MBChB Portal.

This portal aggregates a range of resources related to delivery of the MBChB programme.

To open any of these links in a new tab or new window: right click the link with your mouse (or Control-click in Windows or Command-click in Mac OS X).

Please note: this site is optimised for use with Firefox, Safari, and Chrome browsers.

Check the official website (covid19.govt.nz) for Alert Level updates

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**HOTSPOTs**

**ANONYMOUS FEEDBACK CLOSES 11:59PM Sunday December 12th**

Y4, Y5, & Y6 Students – Make positive changes for future students

Click here to fill in your anonymous HOTSPOTS survey

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**COVID-19**

You may receive information from your specific site and/or attachments regarding local infection control and COVID-19 control practices. Please follow local practices wherever possible and contact your site administrator for advice if you have specific questions

- Official Information from the NZ Government
- Official Information from the Ministry of Health (NZ)
- Official Information from the University of Auckland
- Official Information from the MPD (via Canvas)

Instructional videos on Masks (with loops or with ties), handwashing, and hand sanitiser use, c/o ADHB

Watch these videos to show you how to do a N95 respirator seal check:

- Flat N95 respirator 1870 (video)
- Cone shape N95 respirator (1860, 1860s) (video)

Additional optional information:

## Programme-specific Resources

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## Assessment

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## Phase 1 Resources

**Phase 1 Results and Feedback**

**Short Answer Question Practice**

**Anatomy Atlas Tool**

**VSlide - Virtual Microscopy**

**MBChB Phase 1 Online Timetable**

- Human Early Life Development (HELD)
- First Patient Project
- A Patient with Chest Pain
- Cancer Continuum
- Critical Review Assignment (CRA)
- A Boy with a Fever

### Provisional MBChB 2 and 3 Dates for 2022

#### Year 2 Commences: Monday 21 February 2022

- Easter/mid-semester break: 15 April – 28 April 2022
- Inter-semester break: 23 June – 10 July 2022
- Mid-semester break: 29 August – 11 September 2022
- End of semester 2: 8 November 2022

#### Year 3 Commences: Monday 28 February 2022

- Easter/mid-semester break: 15 April – 28 April 2022
- Inter-semester break: 21 June – 14 July 2022
- Mid-semester break: 29 August – 11 September 2022
- End of semester 2: 11 November 2022
## Phase 2 and 3 Resources

- Clinical Attachments and Formal Learning
- Online teaching material during Covid-19 - Year 4
- Online teaching material during Covid-19 - Year 5
- Getting started in ZOOM for students
- Library Click and Deliver Service For MBChB Students Based Out Of Auckland
- Research Project/ Research Elective
- Textbooks for Phase 2 and 3
- 2021 Year 4 Year Plan
- 2021 Year 5 Year Plan
- 2021 Year 6 Year Plan
- 2022 Year 4 Year Plan
- 2022 Year 5 Year Plan
- 2022 Year 6 Year Plan
  - About Selectives
  - Elective Report Database
  - Elective Handbook

## MBChB Prizes

- 2020 Prizes
- 2019 Prizes
- 2018 Prizes
- 2017 Prizes
- 2016 Prizes
- 2015 Prizes
- 2014 Prizes
- 2013 Prizes

## Auckland University Medical Students’ Association Website

- AUMSA website
- AUMSA voting website
Programme Information

- MBChB Year 2-6 Contacts
- Year 2 (2021 Version 1.1)
- Year 3 (2021 Version 1.1)
- Year 4 (2021 Version 1.4)
- Year 5 (2021 Version 1.3)
- Year 6 (2021 Version 1.3)

- Academic & programme-related policies
- Clinical practice: guidelines, policies & legislation
- Fitness to practise
  - FTP Reporting form
- Immunisation and prevention of infectious diseases

FMHS Store

Police Vetting Form

AMC 2015 Reaccreditation Report for the Medical Programme

MBChB Overview Chart

The Medical Curriculum - Graduate Learning Outcomes

Our Medical Programme – addressing the critical shortage of Doctors in Regional and Rural New Zealand

Rural Health Immersion Programme

Risk Intervention Team

Proctor Information

Health and Safety Policy information for students

MBChB Learning Outcomes Database
Where To Get Help! (WTGH)

- WTGH Phase 1
- WTGH Phase 2 – Auckland
- WTGH Phase 2 – Out of Auckland
- WTGH Phase 3 – Auckland
- WTGH Phase 3 – Out of Auckland

Dealing with Bullying, Discrimination and Harassment

- Pathways for Dealing with Bullying, Harassment and Discrimination
- Worksafe Guidelines
- Information about the HOTSPOTs survey

Wellbeing Resources

- How To Manage Anxiety
- NZMSA and AMSA Wellbeing Guide for Medical Students
- Computer Assisted Learning for the Mind (CALM)
- Alcohol: For Your Consideration

Helping Someone in Distress Resources

- Guidelines for providing a safe home - CPRS
- Tihei Mauri Ora
- Worried about someone?

Pastoral Support FAQs

- For Students
- For Staff

Further Resources for Staff

- Student Support Pathways (Remote Sites) – An Overview for Staff
- Wider university guidelines for supporting students in distress

Mental Health Helplines
**Other Relevant Information**

- North-Nanson Edition 8.1 2017
- Medical Vocational Training Fact Sheets
- Social Media and The Medical Profession
- Cole's Medical Practice in New Zealand
- MRSA Transmission Risk Clearance Certificate

**University Resources**

- Canvas
- Student Email
- Library
- Google Calendar
- **Google Drive** ("Google Docs")

**The New Zealand Medical Student Journal**

**The New Zealand Medical Student Journal**

**NEJM Journal Watch**

**NEJM Journal Watch: Medical News RSS Feed**

The latest medical news that affects your practice - from medical journals, government agencies, scientific conferences, and major media reports.

- **Your NEJM Group Today**: Zoom Family Meeting / First Watch Flashback / Family Medicine & Endocrinology Opportunities
- **So Long for Now**
- Blood Pressure Treatment Not Just for Those with High BP, Meta-Analysis Suggests
- BMI Above 23 Linked to Worse COVID-19 Outcomes
- **FDA Moves to Ban Menthol Cigarettes and All Flavored Cigars**
- **Your NEJM Group Today**: Firearm Regulation in Australia / COVID-19 After Vaccination & Viral Load / Rheumatology & Critical Care Opportunities
- Interview: How Equity Intersects with Community Health
- Little Drawback to Delayed Antibiotics for Respiratory Infections
- Vaccines Protect Against COVID-19–Related Hospitalization in Older Adults
- **Your NEJM Group Today**: Scalp & Face Rash Case / Non-Drug Interventions for Depressive Symptoms in Dementia / OB/GYN & Neuro Opportunities
### Staff Recommended Reading

- A Journey to the Center of Yourself
- Are You Ready for Your July Happiness Calendar?
- Sleep Scientist Warns Against Walking Through Life 'In An Underslept State'
- How to Break Up With Your Phone
- When I say ... resilience
- The First Psychotherapist
- Ten Films that Highlight the Best in Humanity
- How to Bring Self-Compassion to Work with You
- The intensive care doctor who nearly died in her own ward

### End of Life Choice Act 2019

On November 7, 2021, the End of Life Choice Act 2019 will come into force. All health care workers will have obligations under this Act. We have prepared the resources below to introduce you to the Act, your obligations and the systems that have been developed for assisted dying in Aotearoa.

We strongly encourage you to undertake the Ministry of Health modules available at Learn Online: you can access these from the link below. We will produce further resources over the next few months. Please feel free to contact Vicki Jones or Monique Jonas with any questions, observations or requests that you may have about the End of Life Choice Act and assisted dying.

- Ministry of Health resources including modules in Learn Online
- A recorded mini lecture and slides from the lecture
- Ministry of Health guidance on responding when a person raises assisted dying and general information for health professionals