

# SOS hello

Another week, another learning journal! I feel I am slowly getting a better grasp on expectations and requirements for all of my papers. The four courses I am doing this semester are similar to MGMT 300; they are all group based, no final exams, and take up a lot of effort during the week.

To do well, or at least to keep afloat, I need to make a lot of decisions throughout the week. These can be small decisions, like what time I need to leave the house each morning? What am I going to eat for breakfast? When do I need to top up my HOP card? Which books do I need to bring to each class? But there are some bigger decisions that need more thought and consideration. For instance, when am I going to write my MGMT 300 learning journal? I am working Thursday and Friday full days this week, except with uni gaps where I am allowed to have a long lunch break to make it to class. Therefore, I needed to make the decision to set time aside to write this journal a little earlier than I normally do. An even bigger decision I considered was how much do I really need income right now? Because the stress levels were a little on the high side this week, where my university projects were being put under the pump.

Every decision has some element of risk associated with it. "Risk is an unescapable part of every decision" (Buchanan, O'Connell 2006). For some decisions, the risk associated is bigger than others. Something I have learnt this week is that the decisions I make have flow on effects with risks. For example, I chose to write my journal early on in the week. A potential risk I face is that I could have learnt something more valuable and better suited for writing later on in the week. However, I am prepared to sit down now and write a thorough journal than rush it later.

Buchanan, L., & O'Connell, A. (2006). A Brief History of Decision Making. Harvard Business Review, 84(1), 32–41. Retrieved from <http://search.ebscohost.com.ezproxy.auckland.ac.nz/login.aspx?direct=true&db=buh&AN=19256537&site=ehost-live&scope=site>