Welcome to the MBChB Portal.

This portal aggregates a range of resources related to delivery of the MBChB programme.

To open any of these links in a new tab or new window: right click the link with your mouse (or Control-click in Windows or Command-click in Mac OS X).

Please note: this site is optimised for use with Firefox, Safari, and Chrome browsers.

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In 2019 the dates for the three Progress Tests will be:

- Progress Test 1 (PT19): Monday 15th April, 2019 (2:15pm - 5:30pm)
- Progress Test 2 (PT20): Friday 19th July, 2019 (2:15pm - 5:30pm)
- Progress Test 3 (PT21): Saturday 19th October, 2019 (2:15pm - 5:30pm)

Assessment Blueprint (January 2018)

PT18 Analysis Report
Phase 1 Resources

Phase 1 Results and Feedback

Short Answer Question Practice

Anatomy Atlas Tool

VSlide - Virtual Microscopy

MBChB Phase 1 Online Timetable

∫ Integrated Learning Activities (ILAs):

- Human Early Life Development (HELD)
- First Patient Project
- A Patient with Chest Pain
- Cancer Continuum
- A Boy with a Fever

Provisional MBChB 2 and 3 Dates for 2019

Year 2 Commences: Monday 25th February, 2019
   Easter/mid-semester break: 16th April to 27th April, 2019
   Inter-semester break: 1st July to 13th July, 2019
   Mid-semester break: 2nd September to 13th September, 2019
   End of semester 2: 15th November, 2019

Year 3 Commences: Monday 4th March, 2019
   Easter/mid-semester break: 16th April to 27th April, 2019
   Inter-semester break: 26th June to 18th July, 2019
   Mid-semester break: 2nd September to 13th September, 2019
   End of semester 2: 8th November, 2019
### Phase 2 and 3 Resources

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### Textbooks for Phase 2 and 3

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- [Selectives](#)
  - [About Selectives](#)
- [Electives](#)
  - [Elective Report Database](#)
  - [Elective Handbook](#)

### MBChB Prizes

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### Auckland University Medical Students' Association Website

- [AUMSA website](#)
- [AUMSA voting website](#)
## Programme Information

### Guidebooks
- Year 2 (2019 Version 1.1)
- Year 3 (2019 Version 1.1)
- Year 4 (2019 Version 1.1)
- Year 5 (2019 Version 1.3)
- Year 6 (2019 Version 1.1)

### Policy Guides
- Academic & programme-related policies
- Clinical practice: guidelines, policies & legislation
- Fitness to practise
- Immunisation and prevention of infectious diseases

FMHS Store

AMC 2015 Reaccreditation Report for the Medical Programme

Programme Outline

Our Medical Programme – addressing the critical shortage of Doctors in Regional and Rural New Zealand

Rural Health Immersion Programme

Risk Intervention Team

Proctor Information

Health and Safety Policy information for students

MBChB Learning Outcomes Database
Where To Get HELP!

A video guide for WTGH, thanks to your AUMSA Welfare Reps 2018

Where To Get Help! (WTGH)

- WTGH Phase 1
- WGTH Phase 2 – Auckland
- WTGH Phase 2 – Out of Auckland
- WGTH Phase 3 – Auckland
- WTGH Phase 3 – Out of Auckland

Dealing with Bullying, Discrimination and Harassment

- Pathways for Dealing with Bullying, Harassment and Discrimination
- Worksafe Guidelines

Wellbeing Resources

- How To Manage Anxiety
- NZMSA and AMSA Wellbeing Guide for Medical Students
- Computer Assisted Learning for the Mind (CALM)
- Alcohol: For Your Consideration

Helping Someone in Distress Resources

- Guidelines for providing a safe home - CPRS
- Tihei Mauri Ora
- Worried about someone?

Pastoral Support FAQs

- For Students
- For Staff

Further Resources for Staff

- Student Support Pathways (Remote Sites) – An Overview for Staff
- Wider university guidelines for supporting students in distress

Mental Health Helplines
## Other Relevant Information

- North-Nanson Edition 8.1 2017
- Medical Vocational Training Fact Sheets
- Social Media and The Medical Profession
- Cole’s Medical Practice in New Zealand
- MRSA Transmission Risk Clearance Certificate

## University Resources

- Canvas (Replacement for CECIL)
- Student Email
- Library
- Google Calendar
- Google Drive ("Google Docs")

## The New Zealand Medical Student Journal

- The New Zealand Medical Student Journal

## NEJM Journal Watch

- NEJM Journal Watch: Medical News RSS Feed
  - The latest medical news that affects your practice - from medical journals, government agencies, scientific conferences, and major media reports.
- Breast Screening: Adding Ultrasonography Doesn’t Seem Worth Associated Harms
- News from ACC Scientific Sessions 2019
- Most HIV Transmissions Occur from People Unaware of Status or Not Receiving Care
- For Urinary Incontinence, Behavioral Therapies Outperform Meds
- Your NEJM Group Today: Space Medicine Review / Maternal Smoking & Infant Death / California & New Mexico Primary Care Opportunities
- Pediatrics Group Issues New Guidance on Early Introduction of Peanuts to Prevent Allergy
- New Guidelines Back Off Aspirin for Primary Cardiovascular Prevention
- FDA Gives Go Ahead to Novel Device That Treats Carbon Monoxide Poisoning
- News from ACC Scientific Session 2019
- Your NEJM Group Today: Vision Loss, Headaches, and Oral Ulcers / Thyroidectomy & Hashimoto’s / Onc/Hem & Primary Care Opportunities

## Staff Recommended Reading

- A Journey to the Center of Yourself
- Are You Ready for Your July Happiness Calendar?
- Sleep Scientist Warns Against Walking Through Life ‘In An Underslept State’
- How to Break Up With Your Phone
- When I say … resilience
- The First Psychotherapist
- Ten Films that Highlight the Best in Humanity
- How to Bring Self-Compassion to Work with You
- The intensive care doctor who nearly died in her own ward