Welcome to the MBChB Portal.

This portal aggregates a range of resources related to delivery of the MBChB programme.

To open any of these links in a new tab or new window: right click the link with your mouse (or Control-click in Windows or Command-click in Mac OS X).

Please note: this site is optimised for use with Firefox, Safari, and Chrome browsers.

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## Phase 1 Resources

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~ Integrated Learning Activities (ILAs):

- Human Early Life Development (HELD)
- First Patient Project
- A Patient with Chest Pain
- Cancer Continuum
- A Boy with a Fever

### Provisional MBChB 2 and 3 Dates for 2019

- **Year 2** Commences: Monday 25th February, 2019
  - Easter break: 16th April to 27th April, 2019
  - Inter-semester break: 1st July to 13th July, 2019
  - End of semester 2: 15th November, 2019

- **Year 3** Commences: Monday 4th March, 2019
  - Easter break: 16th April to 27th April, 2019
  - Inter-semester break: 26th June to 18th July, 2019
  - End of semester 2: 8th November, 2019

## Phase 2 and 3 Resources

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~ Selectives
  - About Selectives

~ Electives
  - Elective Report Database
  - Elective Handbook
### MBChB Prizes

| 2017 Prizes |
| 2016 Prizes |
| 2015 Prizes |
| 2014 Prizes |
| 2013 Prizes |

### Auckland University Medical Students' Association Website

- AUMSA website
- AUMSA voting website

### Programme Information

#### Guidebooks

- Year 2 (2018 Version 1.0)
- Year 3 (2018 Version 1.0)
- Year 4 (2018 Version 1.5)
- Year 5 (2018 Version 1.4)
- Year 6 (2018 Version 1.2)

#### Policy Guides

- Academic & programme-related policies
- Clinical practice: guidelines, policies & legislation
- Fitness to practise
- Immunisation and prevention of infectious diseases

### FMHS Store

- AMC 2015 Reaccreditation Report for the Medical Programme

### Programme Outline

- Our Medical Programme – addressing the critical shortage of Doctors in Regional and Rural New Zealand

### Rural Health Immersion Programme

### Risk Intervention Team

### Proctor Information

### Health and Safety Policy information for students

### MBChB Learning Outcomes Database
Phase 1 - Where to get HELP!

- Phase 2 - Where to get HELP!
  - Where to get HELP! - Auckland
  - Where to get HELP! - Out of Auckland

- Phase 3 - Where to get HELP!
  - Where to get HELP! - Auckland
  - Where to get HELP! - Out of Auckland

Medical Programme Support Guidelines and FAQ’s for Students
Medical Programme Student Support Guidelines and FAQ’s for Staff
Student Support Pathways (Remote Sites) – An Overview for Staff
Wider university guidelines for supporting students in distress
Alcohol: For Your Consideration
How To Manage Anxiety
NZMSA and AMSA Wellbeing Guide for Medical Students
How to prevent and respond to workplace bullying
Computer Assisted Learning for the Mind (CALM)
Mental health helplines

- Resources for helping someone who is suicidal
  - Guidelines for providing a safe home - CPRS
  - Tihei Mauri Ora
  - Worried about someone?
### Other Relevant Information

- North-Nanson Edition 8.1 2017
- Medical Vocational Training Fact Sheets
- Social Media and The Medical Profession
- Cole’s Medical Practice in New Zealand
- MRSA Transmission Risk Clearance Certificate

### University Resources

- Canvas (Replacement for CECIL)
- Student Email
- Library
- Google Calendar
- Google Drive (*“Google Docs”*)

### The New Zealand Medical Student Journal

#### NEJM Journal Watch

**NEJM Journal Watch: Medical News RSS Feed**
The latest medical news that affects your practice - from medical journals, government agencies, scientific conferences, and major media reports.

- 3% of Midurethral Mesh Slings Removed
- Newly Approved Drug Prevents Migraine When Other Treatments Fail
- USPSTF Reaffirms Recommendation to Screen Women for Intimate Partner Violence
- Higher Intake of Organic Foods Tied to Lower Cancer Risk
- Algorithm Rules Out Pulmonary Embolism in Pregnancy
- Antipsychotics Show No Effect on Duration of ICU Delirium
- Educating New Parents Increases Likelihood of Using Pain Management at Immunization
- From the Blogs: A Day in the Life / Nearly Kicked Out of the Cafeteria

### Staff Recommended Reading

- Are You Ready for Your July Happiness Calendar?
- Sleep Scientist Warns Against Walking Through Life ‘In An Underslept State’
- How to Break Up With Your Phone
- When I say … resilience
- The First Psychotherapist
- Ten Films that Highlight the Best in Humanity
- How to Bring Self-Compassion to Work with You
- The intensive care doctor who nearly died in her own ward