**MBChB Portal**

**Welcome to the MBChB Portal.**

This portal aggregates a range of resources related to delivery of the MBChB programme.

To open any of these links in a new tab or new window: right click the link with your mouse (or Control-click in Windows or Command-click in Mac OS X).

Please note: this site is optimised for use with Firefox, Safari, and Chrome browsers.

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<th>Programme-specific Resources</th>
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<td>Video: How to view and interpret your Progress Test results</td>
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<td>Formative Progress Tests</td>
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*In 2018 the dates for the three Progress Tests will be:*  
Progress Test 1 (PT16): Friday 13th April, 2018 (2:15pm - 5:30pm)  
Progress Test 2 (PT17): Friday 13th July, 2018 (2:15pm - 5:30pm)  
Progress Test 3 (PT18): Tuesday 23rd October, 2018 (2:15pm - 5:30pm)

*In 2019 the dates for the three Progress Tests will be:*  
Progress Test 1 (PT19): Monday 15th April, 2019 (2:15pm - 5:30pm)  
Progress Test 2 (PT20): Friday 19th July, 2019 (2:15pm - 5:30pm)  
Progress Test 3 (PT21): Saturday 19th October, 2019 (2:15pm - 5:30pm)  

Assessment Blueprint (January 2018)  
PT17 Analysis Report Run 3
### Phase 1 Resources

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<td>MBChB Phase 1 Online Timetable</td>
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**Integrated Learning Activities (ILAs):**

- Human Early Life Development (HELD)
- First Patient Project
- A Patient with Chest Pain
- Cancer Continuum
- A Boy with a Fever

### Provisional MBChB 2 and 3 Dates for 2019

**Year 2 Commences:** Monday 25th February, 2019  
Easter break: 16th April to 27th April, 2019  
Inter-semester break: 1st July to 13th July, 2019  
End of semester 2: 15th November, 2019

**Year 3 Commences:** Monday 4th March, 2019  
Easter break: 16th April to 27th April, 2019  
Inter-semester break: 26th June to 18th July, 2019  
End of semester 2: 8th November, 2019

### Phase 2 and 3 Resources

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<th>Clinical Attachments and Formal Learning</th>
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<td>Library Services for MBChB Students Based Out Of Auckland</td>
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**Textbooks for Phase 2 and 3**

- 2018 Overall Year Plan
- 2018 Year 4 Year Plan
- 2018 Year 5 Year Plan
- 2018 Year 6 Year Plan

**Selectives**

- About Selectives

**Electives**

- Elective Report Database
- Elective Handbook
### MBChB Prizes

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### Auckland University Medical Students' Association Website

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<td>AUMSA website</td>
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<td>AUMSA voting website</td>
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### Programme Information

#### Guidebooks
- Year 2 (2018 Version 1.0)
- Year 3 (2018 Version 1.0)
- Year 4 (2018 Version 1.5)
- Year 5 (2018 Version 1.4)
- Year 6 (2018 Version 1.2)

#### Policy Guides
- Academic & programme-related policies
- Clinical practice: guidelines, policies & legislation
- Fitness to practise
- Immunisation and prevention of infectious diseases

### FMHS Store

- AMC 2015 Reaccreditation Report for the Medical Programme
- Programme Outline
- Our Medical Programme – addressing the critical shortage of Doctors in Regional and Rural New Zealand
- Rural Health Immersion Programme
- Risk Intervention Team
- Proctor Information
- Health and Safety Policy information for students

### MBChB Learning Outcomes Database
Phase 1 - Where to get HELP!

- Phase 2 - Where to get HELP!
  Where to get HELP! - Auckland
  Where to get HELP! - Out of Auckland

- Phase 3 - Where to get HELP!
  Where to get HELP! - Auckland
  Where to get HELP! - Out of Auckland

Medical Programme Support Guidelines and FAQ’s for Students
Medical Programme Student Support Guidelines and FAQ’s for Staff
Student Support Pathways (Remote Sites) – An Overview for Staff
Wider university guidelines for supporting students in distress
Alcohol: For Your Consideration
How To Manage Anxiety
NZMSA and AMSA Wellbeing Guide for Medical Students
How to prevent and respond to workplace bullying
Computer Assisted Learning for the Mind (CALM)
Mental health helplines

- Resources for helping someone who is suicidal
  Guidelines for providing a safe home - CPRS
  Tihei Mauri Ora
  Worried about someone?
### Other Relevant Information
- North-Nanson Edition 8.1 2017
- Medical Vocational Training Fact Sheets
- Social Media and The Medical Profession
- Cole’s Medical Practice in New Zealand
- MRSA Transmission Risk Clearance Certificate

### University Resources
- Canvas (Replacement for CECIL)
- Student Email
- Library
- Google Calendar
- Google Drive ("Google Docs")

### The New Zealand Medical Student Journal
- The New Zealand Medical Student Journal

### NEJM Journal Watch
- [NEJM Journal Watch: Medical News RSS Feed](#)
- The latest medical news that affects your practice - from medical journals, government agencies, scientific conferences, and major media reports.
- Most Popular NEJM Group Feature: Physician Burnout
- Vitamin D Supplements No Help for Preventing Fractures, Falls
- Your NEJM Group Today: Barriers to HIV Prevention / Treat Subclinical Hypothyroidism? / Penn. Endocrinology Opportunity
- Aspirin Use Tied to Reduced Risks for Liver, Ovarian Cancer
- Over 1/3 of Americans Eat Fast Food on Any Given Day
- Your NEJM Group Today: MD Mentoring in the #MeToo Era / When Does Teen Obesity Begin? / Maryland Nocturnist Opportunity
- From the Blogs: Announcing the Winner of the Latest Cartoon Contest
- Adding Exercise to Compression Improves Outcomes in Venous Leg Ulcers
- High-Nicotine Juul Device Dominates E-Cigarette Market
- Your NEJM Group Today: Chronic Abdominal Pain Case / Leaving Office Visits w/o an Rx / Calif. FM Opportunities

### Staff Recommended Reading
- Are You Ready for Your July Happiness Calendar?
- Sleep Scientist Warns Against Walking Through Life ‘In An Underslept State’
- How to Break Up With Your Phone
- When I say … resilience
- The First Psychotherapist
- Ten Films that Highlight the Best in Humanity
- How to Bring Self-Compassion to Work with You
- The intensive care doctor who nearly died in her own ward