Welcome to the MBChB Portal.

This portal aggregates a range of resources related to delivery of the MBChB programme.

To open any of these links in a new tab or new window: right click the link with your mouse (or Control-click in Windows or Command-click in Mac OS X).

Please note: this site is optimised for use with Firefox, Safari, and Chrome browsers.

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**In 2018 the dates for the three Progress Tests will be:**
- Progress Test 1 (PT16): Friday 13th April, 2018 (2:15pm - 5:30pm)
- Progress Test 2 (PT17): Friday 13th July, 2018 (2:15pm - 5:30pm)
- Progress Test 3 (PT18): Tuesday 23rd October, 2018 (2:15pm - 5:30pm)

**In 2019 the dates for the three Progress Tests will be:**
- Progress Test 1 (PT19): Monday 15th April, 2019 (2:15pm - 5:30pm)
- Progress Test 2 (PT20): Friday 19th July, 2019 (2:15pm - 5:30pm)
- Progress Test 3 (PT21): Saturday 19th October, 2019 (2:15pm - 5:30pm)

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- **Integrated Learning Activities (ILAs):**
  - Human Early Life Development (HELD)
  - First Patient Project
  - A Patient with Chest Pain
  - Cancer Continuum
  - A Boy with a Fever
### Phase 2 and 3 Resources

- Clinical Attachments and Formal Learning
- Library Services for MBChB Students Based Out Of Auckland
- Textbooks for Phase 2 and 3
- 2018 Overall Year Plan
- 2018 Year 4 Year Plan
- 2018 Year 5 Year Plan
- 2018 Year 6 Year Plan
- **Selectives**
  - About Selectives
- **Electives**
  - Elective Report Database
  - Elective Handbook

### MBChB Prizes

- 2017 Prizes
- 2016 Prizes
- 2015 Prizes
- 2014 Prizes
- 2013 Prizes

### Auckland University Medical Students’ Association Website

- AUMSA website
- AUMSA voting website
- Whakatane Rural Health Immersion student blog

### Programme Information

- **Guidebooks**
  - Year 2 (2018 Version 1.0)
  - Year 3 (2018 Version 1.0)
  - Year 4 (2018 Version 1.0)
  - Year 5 (2018 Version 1.0)
  - Year 6 (2018 Version 1.0)
- **Policy Guides**
  - Academic & programme-related policies
  - Clinical practice: guidelines, policies & legislation
  - Fitness to practise
  - Immunisation and prevention of infectious diseases

- FMHS Store
- AMC 2015 Reaccreditation Report for the Medical Programme
- Programme Outline
- Risk Intervention Team
- Proctor Information
- Health and Safety Policy information for students
- MBChB Learning Outcomes Database
Student Welfare

Phase 1 - Where to get HELP!

- Phase 2 - Where to get HELP!
  - Where to get HELP! - Auckland
  - Where to get HELP! - Out of Auckland

- Phase 3 - Where to get HELP!
  - Where to get HELP! - Auckland
  - Where to get HELP! - Out of Auckland

Medical Programme Support Guidelines and FAQ’s for Students
Medical Programme Student Support Guidelines and FAQ’s for Staff
Student Support Pathways (Remote Sites) – An Overview for Staff
Wider university guidelines for supporting students in distress

Alcohol: For Your Consideration
How To Manage Anxiety

NZMSA and AMSA Wellbeing Guide for Medical Students

How to prevent and respond to workplace bullying
Computer Assisted Learning for the Mind (CALM)

Mental health helplines

- Resources for helping someone who is suicidal
  - Guidelines for providing a safe home - CPRS
  - Tihei Mauri Ora
  - Worried about someone?

Other Relevant Information

North-Nanson Edition 8.1 2017
Medical Vocational Training Fact Sheets
Social Media and The Medical Profession
Cole’s Medical Practice in New Zealand
MRSA Transmission Risk Clearance Certificate

University Resources

Canvas (Replacement for CECIL)
Student Email
Library
Google Calendar
Google Drive ("Google Docs")
### NEJM Journal Watch

**NEJM Journal Watch: Medical News RSS Feed**  
The latest medical news that affects your practice - from medical journals, government agencies, scientific conferences, and major media reports.

**News from the ACC Annual Scientific Session 2018**

- Most Popular NEJM Group Feature This Week: Inhaled Isopropyl Alcohol for Treating Nausea
- Measles Warnings Issued After 2 Confirmed Cases at U.S. Airports
- Hospitalizations for Acute Kidney Injury Are Up
- Your NEJM Group Today: Microlearning / ACC 2018 Recap / Alaska Hospitalist Opportunity
- FDA Takes Next Steps Toward Reducing Nicotine Levels in Cigarettes
- MS Drug Being Withdrawn
- Interview: Midwifery's Association with U.S. Birth Outcomes
- High Cardiovascular Fitness in Midlife Tied to Lower Dementia Risk Later

### Staff Recommended Reading

- The intensive care doctor who nearly died in her own ward
- How to Break Up With Your Phone
- When I say ... resilience
- The First Psychotherapist