

where to get HELP!

Phase 1

IMMEDIATE RISK

For an emergency that is happening right now dial 111, or, to discuss your own or someone else's safety or acute mental health crisis, phone Mental Health Crisis Line on 0800 800 717 (24 hrs).

KEY CONTACTS

Phase 1 Director – Academic matters related to MBChB II and III, leave requests:

Associate Professor Roger Booth (09) 923 6475 rj.booth@auckland.ac.nz

Year 2 Coordinator – Academic matters related to MBChB II:

Dr Geraldine Tennant (09) 923 1915 g.tennant@auckland.ac.nz

Year 3 Coordinator - Academic matters related to MBChB III:

Dr Steve Ritchie (09) 923 3184 s.ritchie@auckland.ac.nz

BMedSc (Hons) Director – Honours Pathway enquiries:

Dr Ali Mirjalili (09) 923 7487 a.mirjalili@auckland.ac.nz

Phase 1 Group Services Team Leader – Timetabling issues:

Kathryn Siow (09) 923 6370 k.siow@auckland.ac.nz

Medical Programme Directorate (MPD) general enquiries

(09) 923 1606 or mpd@auckland.ac.nz

Group Services Manager (MPD) – Administrative issues:

Lucy Mo (09) 923 2773 mpd@auckland.ac.nz

Practicum Placement Coordinator (MPD) – Administration of student choices for Year 4 clinical allocations: Teresa Timo (09) 923 6745 mpd@auckland.ac.nz

Student Health and Counselling – For full background on enrolment and available resources visit <u>Student Health and Counselling services</u>. To book an appointment (09) 923 7681 (the FMHS Student Support Advisor can assist if urgent)

Student Academic Services & Engagement Manager – Advice on health, financial and welfare matters: Mel Cross (09) 923 6516 mel.cross@auckland.ac.nz

MAPAS Student Support Advisor for Phase 1

Akanesi Moala (09) 373 7599 ext. 81093, 021 879 565 (office hours only) a.moala@auckland.ac.nz

Student Support Advisor (Domestic & International)

Daniel Heke (09) 923 7071, 027 801 3726 (office hours only), fmhssupport@auckland.ac.nz

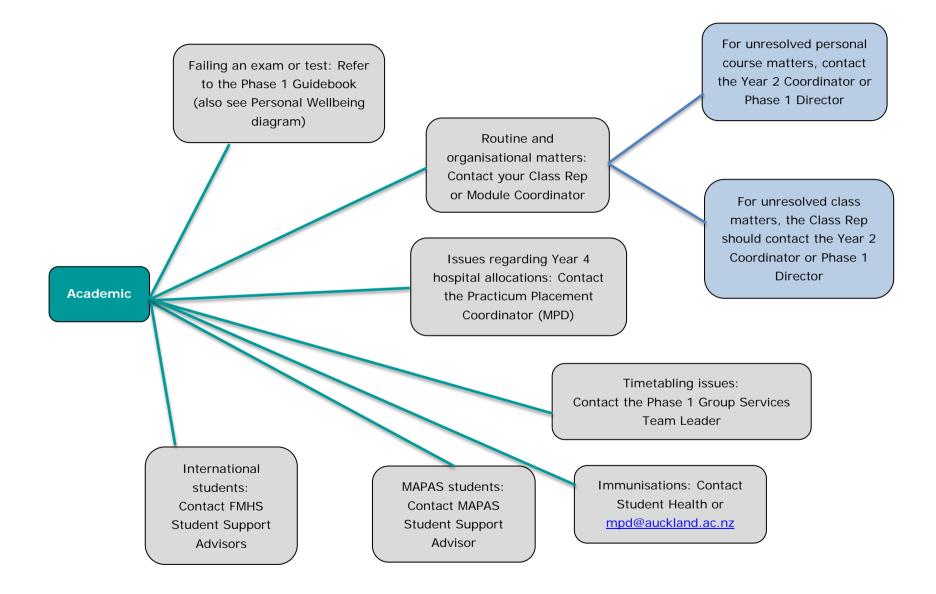
International Students (URGENT HELP)

The International Office can provide **24/7** help for international students urgent issues – Rebecca Walkinton +64 21 376 922 or r.walkinton@auckland.ac.nz

Equity Office - <u>Student Disability Services</u> (SDS) – Provides support for students with a wide range of impairments, both visible and invisible: (09) 923 2936 <u>disability@auckland.ac.nz</u>

FMHS Disability Liaison

Contact the FMHS Student Support Advisor for advice on exam and test conditions.



Circumstances which prevent you from meeting an assignment deadline

Illness or misfortune which impairs your ability to perform in an examination or test

Personal Wellbeing Anxious, stressed overwhelmed, depressed, or personal issues. Need help?

Feeling adversely affected or bullied by a staff member's behaviour?

Feeling harassed?
Having issues with a staff member or student?

Contact your module coordinator

Apply for special conditions if appropriate. Sit exam/test if at all possible.

Apply for aegrotat or compassionate consideration within 7 days of last exam

(https://www.auckland.ac.nz/en/students/academic-information/exams-and-final-results.html)

Contact Student Health & Counselling, (09) 923 7681 or Faculty Student Support Advisors if unsure.

- <u>UOA Student Counselling</u> (09) 923 7681 or complete the online questionnaire. Contact the FMHS Student Support Advisor if you need assistance in gaining an appointment.
- Seek support: Faculty staff are available for discussions e.g. Phase Director or Faculty Student Support Advisors
- Medical Assurance Society (MAS) provides counselling services to members
- Talk to your friends or class rep
- Need to talk? 24/7 counsellor support available by calling or texting 1737
- Support for impairments: Contact Disability Services (disability@auckland.ac.nz)

Electronic resources:

CALM <u>www.calm.auckland.ac.nz</u>

www.thelowdown.co.nz

www.ulifeline.org

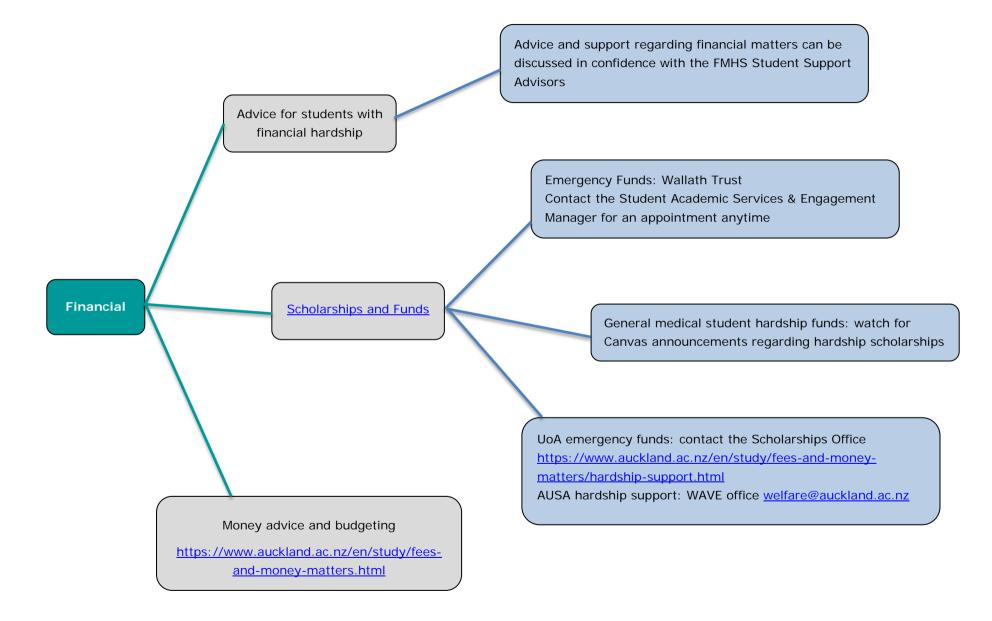
Lifeline (24/7) - 0800 543 354

No form of bullying is acceptable. You can approach Student Support Advisors, Phase Director, Year Coordinator, Site Campus/Coordinators or the Proctor for advice and support.

For informal and confidential help, contact the Proctor. For more information www.auckland.ac.nz/proctor



MEDICAL AND HEALTH SCIENCES





Medical Programme Directorate

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