

# hPOD Study Assent Form

## What is the hPOD Study?



- Sugar is food for a baby's brain
- Some babies need more food or sugar when they are born
- We want to find out if giving babies more sugar helps them to grow and learn better
- You helped us when you were a baby
- We want to know how big you have got and how clever you are now that you are at school
- You might have come to see us when you were two. Some of the games are the same.

## Important things to know...



- You can say 'No' or you can say 'Yes'
- You can say 'No' if you don't want to do something
- You can say 'No' if you want to stop
- You can ask as many questions as you want
- Your parents said it was okay *but* only if you say it is okay.

## What would happen?



- There are some questions on the computer
- There are some computer games to play
- We have some pegs to put in little holes
- We ask you to make poses like a statue, sometimes with your eyes open and sometimes with your eyes closed
- We will see how tall you are and how heavy you are
- We will see how hard you can squeeze with your hands
- We have some stickers to put on your hands and your feet
- We use a funny looking thing that will squeeze your skin (but just for a little bit and it will not hurt)

You can do all these things, *or* you can do some of these things. It is up to you.

**If it is okay for us to see you, please write your name and YES on the lines**

Please write your name here: \_\_\_\_\_

Is it okay for us to see you? (YES or NO) \_\_\_\_\_

Date: \_\_\_\_\_

(Parent or Caregiver may help)

### Declaration by member of research team:

I have given a verbal explanation of the research project to the participant, and have answered the participant's questions about it. I believe that the participant understands the study and has given informed assent to participate.

Researcher's name:

Signature:

Role:

Date: