WELCOME TO PHARMACY 2022

AUCKLAND PHARMACY
STUDENTS’ ASSOCIATION

APSA
Kia Ora and Welcome Class of 2024!

My name is Rhea and I’m amped to be the President of the Auckland Pharmacy Students’ Association, fondly known as APSA. We’re thrilled to open up the ‘Pharmily’ to you and cannot wait for all the exciting times ahead during your BPharm journey.

I know that the shift over the bridge to Grafton Campus can be overwhelming so please email any queries you may have about APSA or general pharmacy student life to apsaexec@gmail.com and we’ll be in touch to help you out.

I also urge you all to join the “UoA Pharmacy 2nd Years (2022)” Facebook page. This group will be the main method of communication between APSA and you guys, as well as a safe place for you to connect with each other throughout the BPharm programme. We’ve all been where you are before so we can offer a student perspective.

I look forward to meeting ALL of you at Freshers Camp and until then, have a very Happy New Year and enjoy your holidays!

Aroha nui,
Rhea
The team has worked hard to create an extensive 2022 calendar line-up including our infamous Freshers Camp, some rowdy pub crawls, academic tutorials, sports tournaments, games nights, rural trips, a talent show and our highly anticipated, glamorous Pharmacy ball! Not to mention our collaborations with a range of other clubs which fall under the FMHS umbrella, such as AUMSA, NZOSS, NASA and Grassroots!

WHAT IS APSA?

We’re a student-run organisation here to make sure you get the most from your time in pharmacy and help you make life-long skills, friends, and memories to take with you when you graduate.
MEET THE TEAM

President
Rhea Colaabavala

Vice-President
Hemin Lee

Secretary
Andrew Liu

Treasurer
Ayesha Ali

MAPAS
Keisha Haronga-Fepuleai

PSNZ
Manvis Wong

IPSF CP
Anna Choi

IPSF SEO
Michelle Jeong
Kick off the year the right way and meet your new classmates (and some of us oldies) at Freshers!

We’ve got a whole busload of wild activities planned for this student-run event. There’s sporting events, a bit of inebriation, a toga party, and more!

It’s an amazing opportunity to make friends going into second year, and it’s always memorable in one way or another.

First come, first serve! Spaces are limited and fill up fast. Date is TBA so keep an eye out for signups on FB!
BUT WAIT, THERE'S MORE!

SOCIAL EVENTS

PUBCRAWL
Drinks, pizza, and a party bus ride to three different pubs in town. Need we say more? The pub crawl takes place early in the year and is one of our most popular events.
Get creative with the theme and get hyped for a memorable night with the Pharmily!

STEIN (APSA X NZOSS)
Our stein is the result of a unique partnership with our favourite eye doctors! This themed event will be held at a lively bar with wonderful vibes and music. Come meet your fellow optometrists or just have a good time at another exciting pharmacy event.

THE COCKTAIL PARTY
This event provides an opportunity to socialise and catch up with friends from various Medical and Health Sciences faculties. Dress up, take advantage of the complimentary drinks, and get to know your future healthcare providers!
It's the perfect occasion to dress up, put on your dancing shoes, and enjoy the buffet and open bar! Expect a lot of dancing and photos to commemorate your year's accomplishments. It's a spectacular event with outstanding decorations at a fantastic location. It's a year-end highlight that you won't want to miss!

Do you possess a hidden talent? Ever wished you were a contestant on American Idol? Have you discovered any new skills while in lockdown? The annual Rx Factor beckons! Bring your creativity, talents, and skills to life and show them off to your pharmacy classmates and sponsors at our upcoming talent show.

Oh, and APSA members receive FREE goodie bags from our generous sponsors in exchange for being a part of the Pharmily.
SPORTS EVENTS

Bring your competitive side and unleash your pent-up stress with your fellow classmates!
Don’t worry if you don't consider yourself the most athletic, our events aim to be as inclusive and fun as possible. Make sure to keep an eye out for further details down the line!

ROUND THE BAYS
6th March 2022 – SUNDAY (1st week of uni!)
- Signs up are open now! Heaps have already joined, you definitely don’t want to miss out!

End of mid-sem sports event
Prison break (dodgeball type game) + bench ball (netball hybrid type game) – P.S. It’s the perfect opportunity to recover and liaise with the Pharmily.

More events in second semester...
DATES TBD
Multisports Event! Keep an eye out for more details!
Since last year, the MAPAS role has been developed in a way that allows us to have more Māori and Pacific involvement which is currently much needed in APSA, as well as more involvement with pharmacy students in general. Some of the things planned for the year include:

- Events where APSA will be able to collaborate with Māori and Pacific health associations
- Incorporation of Māori and Pacific culture into APSA events where possible, e.g. cultural activities at Freshers!
- Making opportunities for students to be a part of cultural competence related events

Firstly, **GRASSROOTS IS FREE TO JOIN AND IS OPEN TO ALL CLINICAL STUDENTS!**

Grassroots was established to help raise awareness and promote rural health to Auckland clinical students and there are many exciting events lined up for you!

Here are some events that you can look forward to:

- **Rural olympics:** it's dirty, stinky, but most importantly, the most FUN you’ll have at Freshers camp
- **Rural health trip:** an exciting rural health trip where a group of students will visit rural pharmacies within the Waikato area.
- **Cocktail parties, Knees Up Stein, and a rural careers evening.**

We strongly encourage getting yourself and your friends involved, we can guarantee you'll have a blast! We’re looking forward to meeting you all this year and hope you enjoy the your time in Pharmacy!!
CAREERS EVENING
This is an opportunity to explore the huge range of career options that are available to us as future BPharm graduates! With various guest pharmacists and pharmacy related speakers from fields such as Border Control, pharmacy software development, the New Zealand Defence Force and many more, this is a night to mingle, network and ask questions with those in the industry!

TIPS AND TRICKS SESSION & CV WORKSHOP
Come to our student-led tips & tricks workshop to learn the insider secrets of navigating the next three years of this rewarding degree! Learn study strategies, how to handle tests and OSCEs, and how to be an all-around 8-star pharmacist!

Our CV seminars will teach you everything you need to know about how to succeed and improve your career prospects. It's an excellent opportunity to learn about what makes a strong CV, how to succeed in interviews, and how to land an internship.

Mentor Programme and Book Sales
Our education rep will also be organising 3rd and 4th year mentors to (optionally) help guide you through the coming years with advice, guidance, and support. We also organise book sales to make access a bit easier on the wallet.

IPSF
International Pharmaceutical Students' Federation (ISPF) is an organization promoting improved public health through education and networking globally and run student exchanges and other opportunities to engage with pharmacy students internationally.

If you’re interested, let Anna or Michelle know via Facebook. We’re currently looking for 2-3 students to help with running IPSF! They will let students know closer to time so keep an eye out on the Facebook page!
FOR NOW AT LEAST...

THAT'S ALL FOLKS

Questions?
Contact us via email:
apsaexec@gmail.com
or message us via Facebook or Instagram and we'll get back to you as soon as possible!

CONGRATULATIONS!

You've done great to make it this far and have an exciting year ahead of you. All the best!

Follow us on social media for further updates!

Facebook: fb.com/APS.A.UOA
Instagram: APSA.INSTA
"UoA Pharmacy 2nd Years (2022)" FB Group

Love from APSA
Created by your Media Reps