welcome to...

PHARMACY

2023
Tēnā koutou katoa, nau mai haere mai class of 2025!
Hello to you all and welcome to the University of Auckland Pharmacy school! My name is Madeleine and I am very excited to be President for Auckland Pharmacy Students’ Association, also known as APSA, this year.

You should be so proud of yourselves that you have succeeded in gaining entry into the BPharm which has many exciting and rewarding times ahead! This is just the beginning of an intellectually stimulating degree and future career.

APSA is here to support your transition onto Grafton Campus full time. If you have any questions at all about pharmacy life and APSA, do not hesitate to contact apsaexec@gmail.com and one of our team will get back to you.

The main place for communication between APSA and pharmacy students is via the Facebook page: UoA Pharmacy 2nd Years (2023). Please join this group to ensure you get updates all year. It is also a key place for you all to connect with each other within your year group.

I really look forward to meeting you all at Freshers camp as you join the "pharmily" and embark on your pharmacy journey! I will no doubt see you all on campus soon also. Hope you enjoy the rest of your holidays!

Ngā mihi me te aroha nui. Love and best wishes.
Madeleine
We are a student-run association that is here to help build a strong and cohesive "Pharmily". We want you to be able to make the most out of your time as a pharmacy student by building connections, making memories, and learning life-long skills.

The 2023 calendar is stacked with events starting off with the one you don’t want to miss, Freshers Camp! Followed by other exciting events such as Round the Bays, pub crawl, academic tutorials, games night, Rx factor, and last but not least, the Pharmacy ball!
MEET THE EXECUTIVES

President
Madeleine Roe

Vice President
Anneka Cho

Secretary
Emily Song

Treasurer
Celine Hui-Ning Chong

MAPAS
Faith Asovale Tanuvasa

PSNZ
Aatika Prasad

IPSF CP
Chris Kwon

IPSF SEO
Heesu Yang
Freshers camp is one of the most memorable events of the year, you don’t want to miss it! Freshers camp is the perfect way to start the year off. Get to meet your fellow pharmacy students and participate in a range of fun and exciting activities organised by students, for students. This is an amazing opportunity for you to make new friends and spend some quality time with the pharmily. Spaces are limited so get in quick! This year, we will be hosting it at Martin’s Bay Holiday Park from 12-14 April. All the details will be posted on our FB page!
S O C I A L  E V E N T S

PUB CRAWL
Hop on a bus with the pharmily and travel to three different pubs for a fun night out! Dress up based on the theme and get ready to make some of the first memories of the year. The pub crawl is definitely one to look out for.

STEIN
Collaboration is an important part of being a pharmacist. Thus, for the annual stein, we will be teaming up with our Medical and Health Sciences friends to host a night full of good music, good laughs, and good company!

+more events tbd!
If you’ve ever wished you could show off your hidden talents to your fellow classmates, this is the event for you! Come ready with your talents, creativity and skills to impress the pharmacy cohort and sponsors at our annual talent show!

APSA members also receive a FREE goodie bag provided by our generous sponsors in exchange for being a part of the pharmily.

Glam up and join us at the end of year Pharmacy Ball! This event is highly anticipated and rightfully so with the delicious buffet, open bar and aesthetic decor. The night consists of plenty of dancing, photo taking, and celebrating. It’s a well deserved treat after accomplishing your year’s work.
Take a break from the desk, unleash your competitive side and come join us in being active! Don’t worry if you aren’t the most sporty person out there, we aim to make all events inclusive and as fun as possible for everyone.

**Round the Bays** is lined up for the 5th March 2023. Dress up in your stylish neon clothing and get ready to run/walk/jog with your fellow pharmacy students. Sign ups are open so be sure to join!

Later on is the **Multisports Night**. Get ready to shoot some hoops and dodge some balls with your cohort!
Grassroots is pumped to show everyone what rural health is all about and to also provide hands on opportunities for you to discover what rural health is really like! Here are some of the exciting events we've got planned this year.

**Rural Olympics**: Get your competitive spirits up while getting down and dirty at Fresher's camp! We've got games lined up that'll put you in places that you've never been before. Prizes to be won!

**Rural Health trip**: Want to experience what it’s like being a rural pharmacist? Well pack your bags cause we’re going to Waikato! We may or may not also go to a Marae and do some horse riding.

**Rural Health Week, Scholarships, Knees up Stein, and Rural Careers Evening**!

Through these activities, hopefully, everyone will have a greater understanding of what rural health means, and it will be amazing to bring together students who come from different places, have different cultural backgrounds, or study different clinical programs! And to form everlasting friendships.

Since 2021, the MAPAS role has been developed in a way that allows us to have more Māori and Pacific involvement which is currently much needed in APSA, as well as more involvement with pharmacy students in general. Some of the things planned for the year include:

- Events where APSA will be able to collaborate with Māori and Pacific health associations
- Incorporation of Māori and Pacific culture into APSA events where possible, e.g. cultural activities at Freshers!
- Making opportunities for students to be a part of cultural competence related events
**Mentor programme**
The mentor programme is the perfect opportunity for a 3rd or 4th year to give you support for your pharmacy journey. While being a mentee allows you to give back to the pharmacy profession and help develop more eight-star pharmacists!

**Textbook sales**
Textbook sales will be organised throughout the year with discounts to make study more accessible.

**Pharmacy survival and OSCE workshops**
Help yourself understand what the next three years will look like by coming to the student-led survival workshop at the beginning of semester two! The workshop will give you valuable advice around study tips and tricks for success in the BPharm.

There will also be student-led OSCE workshops, where you can practice your OSCE techniques in front of your peers to nail your OSCEs.

**International Pharmaceutical Students’ Federation**
IPSF is an international organisation promoting improved global health. This works through the provision of information, networking and education between pharmacy students over multiple countries.

We are currently looking for one or two students to help run APSA IPSF. If interested, please contact Chris or Heesu or keep an eye on the facebook page for further information! Please don’t hesitate to contact us if you have any questions regarding IPSF.
and that's it for now...

FOLLOW US ON OUR SOCIAL MEDIA

facebook.com/APSU.UOA
@apsa.insta

Be sure to join your fb group:
UoA Pharmacy 2nd Years (2023)

Any questions?
Contact us via email:
apsaexec@gmail.com
or flick us a message on Facebook/Instagram and we'll get back to you as soon as possible!

CONGRATULATIONS!

You've done so well to make it this far and you have such an exciting year ahead of you.

Lots of love from APSA 😊
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