ARE YOU...

- A parent/guardian of a newborn baby that is less than 8 weeks old?
- Going to be living in New Zealand for the next 6 years?
- Interested in helping to prevent high rates of childhood asthma and allergies in NZ?

We would like to invite you and your baby to take part in the world-leading PIPPA Tamariki study!

WHY IS THE STUDY HAPPENING?

Asthma is one of the most common childhood illnesses in NZ, affecting thousands of children each year. Despite improvements in medical care, the number of children with asthma remains very high. Experts don’t know why this is happening.

Most babies are given medicines for pain or fever, such as paracetamol (Pamol, Paracare) or ibuprofen (Brufen, Nurofen), at some stage in their first year. Paracetamol and ibuprofen are safe and effective at relieving pain and fever in babies, but no-one knows if their use influences the chances of developing asthma or not.

This study will find out if there are different rates of asthma at 6 years of age in children who just take paracetamol when they were unwell in their first 12 months of life, compared to children who just take ibuprofen.

WHAT WOULD MY BABY’S PARTICIPATION INVOLVE?

Your baby would be randomly assigned to be given either only paracetamol or only ibuprofen, for fever or pain, until their first birthday.

Both medicines are commonly used in babies and children. Being in the study just means that you would use only one of these medicines.

We will give free prescriptions for the study medicine for your baby and for all children in the same household who are < 10 years old.

We will collect information about your contact details, baby’s birth and medical history, and some medical information about you and the baby’s father.

WHY SHOULD MY BABY BE INVOLVED?

Ground-breaking medical advances are made possible only because of volunteers taking part in clinical studies.

Taking part in the PIPPA Tamariki study will give you the opportunity to:

- Get easy access to free prescriptions for pain or fever medicines for your baby and other children in the household.
- Have regular contact with a research team that includes doctors and nurses during your baby’s first year.
- Help other babies and children by contributing to medical research.

The information gained from the PIPPA Tamariki study will help parents and caregivers, and doctors and nurses – anyone who cares for young children.
THANK YOU FOR READING ABOUT PIPPA TAMARIKI!

We look forward to you taking part in the PIPPA Tamariki study.

To find out more information about PIPPA Tamariki, please contact us:

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**POSTNATAL INFORMATION SHEET**

Do you have a newborn baby less than 8 weeks old?

Come and be part of tomorrow’s medical breakthroughs?

Talk to us about the PIPPA Tamariki study!

Phone: 0800 PIPPA T or 021 897982
Email: pippatamariki@auckland.ac.nz
Web: [www.pippatamariki.ac.nz](http://www.pippatamariki.ac.nz)
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