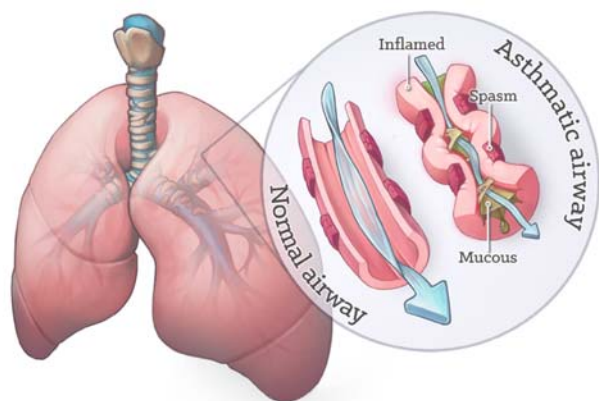


## ARE YOU...

- A parent/soon to be a parent of a new baby?
- Going to be living in New Zealand for the next 6 years?
- Interested in helping to prevent high rates of childhood asthma and allergies in New Zealand?

We want to invite you and your baby to take part in the world-leading **PIPPA Tamariki study!**



## WHY IS THE STUDY HAPPENING?

Asthma is one of the most common childhood illnesses in New Zealand, affecting thousands of children each year. Many of these children go on to have life-long asthma and other allergic conditions.

Despite improvements in medical care, the number of children with asthma remains very high. Experts don't know why this is happening.



Most babies are given medicines for pain or fever, such as paracetamol (Pamol, Paracare) or ibuprofen (Brufen, Nurofen), at some stage in their first year. Paracetamol and ibuprofen are safe and effective at relieving pain and fever in babies, but no-one knows if their use influences the chances of developing asthma.

This study will find out if there are different rates of asthma at 6 years of age in children who just take paracetamol when they were unwell in their first 12 months of life, compared to children who just take ibuprofen.

## WHAT WOULD MY BABY'S PARTICIPATION INVOLVE?

Your baby would be randomly assigned to be given either only paracetamol or only ibuprofen, for fever or pain, until their first birthday.

Both medicines are commonly used in babies and children. Being in the study just means that you would use only one of these medicines.

We will give free prescriptions for the study medicine for your baby and for all children in the same household who are aged under 10 years of age.

We will collect information about your contact details, baby's birth and medical history, and some medical information about you and the baby's father.

You would be asked to answer a short telephone or online questionnaire when your baby is 1, 3, 6 and 9 months old, and then at 1, 3 and 6 years old. You do not need to do anything else to be in this study and your baby does not need any tests done.

## WHY SHOULD MY BABY BE INVOLVED?

Ground-breaking medical advances are made possible only because of volunteers taking part in clinical studies.

We have made great strides in treating children's asthma but more needs to be done to prevent it.

Taking part in the PIPPA Tamariki study will give you the opportunity to:

- Get easy access to free prescriptions for pain or fever medicines for your baby and other children in the household.
- Have regular contact with a research team that includes doctors and nurses during your baby's first year.
- Help other babies and children by contributing to medical research.

The results of the PIPPA Tamariki study will help parents, caregivers, doctors, and nurses - anyone who prescribes or gives paracetamol and ibuprofen to babies and children.

THANK YOU FOR READING ABOUT

# PIPPA TAMARIKI

We look forward to you taking part in the study by:

- discussing the choice to participate in PIPPA Tamariki with your partner, whaanau/family and friends
- discussing the choice with your health care providers
- contacting the PIPPA research team for enrolment



### The PIPPA Tamariki Investigators:

Dr Stuart Dalziel, Prof Richard Beasley, Prof Innes Asher, Dr Irene Braithwaite, Dr Chris McKinlay, Assoc Prof Karen Hoare, Prof Cameron Grant, Prof Mark Weatherall, Prof David Johnson, Dr Eunicia Tan, Prof Nici Sheridan, Dr Karaponi Okesene-Gafa, Ms Judith Riley, Dr Alex Semprini

PIPPA Tamariki Postnatal Brochure, Middlemore Site, V3.0 24 July 2019

## CONTACT

If you would like to take part in this world-leading study or to find out more information, please contact:

### Counties Manukau Research Team

Phone: 021 897 982

Email: [pippatamariki@auckland.ac.nz](mailto:pippatamariki@auckland.ac.nz)

### Counties Manukau Site Investigator

Dr Chris McKinlay

Phone: 0274 725 099



# PIPPA TAMARIKI

Paracetamol and Ibuprofen in Primary Prevention of Asthma in Tamariki



## Information Brochure

We are looking for volunteers with or about to have a new baby, to participate in our study of asthma in Tamariki.

Phone: 0800 PIPPA T

Web: <https://pippatamariki.ac.nz/>

Facebook: PIPPA Tamariki