

## Māori Cultural Training

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**LiFePATH is committed to supporting Māori health and research capability. LiFePATH aims to fulfil the responsibilities and obligations under Te Tiriti o Waitangi, to reduce inequalities in Māori health outcomes, and increase and improve Māori participation and experience of research.**

The LiFePATH Leaders prioritised our specific objective “to ensure all staff and students are trained to understand Māori cultural barriers to participation in research”. To facilitate this, we have prepared information from current University resources for staff and students, especially people new to Liggins, so that “All staff and students have knowledge of resources to undertake a Māori cultural training programme”.

## Educational Resources for University of Auckland staff and students

### 1. Te Kūaha - The Doorway

<https://www.auckland.ac.nz/en/on-campus/life-on-campus/maori-life-on-campus/revitalising-te-reo-maori/te-kuaha-the-doorway.html>

#### 1.1 Resource: Te Kūaha is an educational resource for University of Auckland staff, students and alumni to learn basic te reo Māori and protocol.

Rapua ā kitea  
Pātukia, ā ka huakina te kūaha, kia taea ai e te katoa te tomo atu

*Seek and you shall find  
Knock and the door will open for all to enter*

Te Kūaha makes the crucial link between language and culture, with content covering te reo Māori pronunciation and expressions, tikanga Māori, and the history and values of the University.

The app is part of a wider programme of work to implement *Te taonga nō tua whakarere, he taonga mō āpōpō: A treasure from ancient times, and for tomorrow:*

The University of Auckland Language Plan for the Revitalisation of Te Reo Māori 2020–2025.  
<https://cdn.auckland.ac.nz/assets/auckland/on-campus/life-on-campus/maori-life/revitalising-te-reo-maori/university-of-auckland-te-reo-plan.pdf>

#### 1.2 Access: Downloading the app - Links to Te Kūaha app in stores

[The App Store](#) (iOS)  
[Google Play](#) (Android)  
[Microsoft Store](#) (Windows)

## 2. Resources and Courses available via Career Tools for Learning

### 2.1 NAVIGATE - Te Ao Māori

Online Course People and Organisational Development (free of charge and duration of 15 minutes). This module will guide you to resources to support your knowledge and basic use of Māori language and protocols and to people who can help you.

Access: <https://www.staff.auckland.ac.nz/en/human-resources/career-tools-.html>

### 2.2 Te Kawa o Waipapa/Marae Protocol Workshop

Free of charge and duration of 1 hour. To learn more about your role in the Vice-Chancellor's Pōwhiri and ensure you are comfortable with the experience we recommend you attend a Marae Protocol workshop.

Key content:

- Kōrero Whakataki — Basic Introduction.
- Waiata — song.
- Interactive session.
- Rehearse Pōwhiri process.
- Hongi.

Suitable for all new staff who will be attending the Vice-Chancellor's Pōwhiri for New Staff. Other staff interested in this workshop are also welcome to attend.

Access: <https://www.staff.auckland.ac.nz/en/human-resources/career-tools-.html>

### 2.3 Equity at the University

Free of charge and duration of 30 minutes. Equity Information for staff Support for Māori and Pacific staff, staff with disabilities, LGBTI staff, Carers, working parents, mature age staff and other equity groups.

Access: <https://www.staff.auckland.ac.nz/en/human-resources/career-tools-.html>

### 2.4 Vice-Chancellor's Pōwhiri for New Staff

Duration of 2 hours. The Vice-Chancellor's Pōwhiri for new staff is your chance to immerse yourself in the culture of the Marae and be formally welcomed into the whānau of the University of Auckland. We highly recommend this unique experience to all new staff members.

Key content:

- There will be a formal welcome onto the Marae including an address from the Vice-Chancellor. This will be followed by morning tea.

Suitable for all new professional and academic staff who are employed at the University for 20 hours or more per week on either permanent agreements or fixed term agreements of at least 12 months.

Note to new staff: before attending the Pōwhiri you are encouraged to attend a Marae Protocol workshop.

Access: <https://www.staff.auckland.ac.nz/en/human-resources/career-tools-.html>

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## 2.5 Te Tiriti o Waitangi/The Treaty of Waitangi

Free of charge and duration of 3 hours, 30 minutes. Are you new to New Zealand or The University of Auckland and curious to learn more about the Treaty of Waitangi? Do you think you could do with a refresher on the principles of the Treaty? This half-day workshop is designed to help participants gain an understanding of the history and implications of the Treaty of Waitangi.

### Key content:

- What is Te Tiriti o Waitangi/The Treaty of Waitangi? Why two versions?
- Treaty narrative with a focus on the Preamble & three articles of the Treaty, but what about the unwritten 4th article?
- The implications of the Tiriti/Treaty on New Zealand society today.
- Group discussion and a chance to share your perspective.

Suitable for new staff and anyone interested in learning about the Treaty of Waitangi in the University context.

Access: <https://www.staff.auckland.ac.nz/en/human-resources/career-tools-.html>

## 3. Useful Articles

### **3.1 Achieving health equity in Aotearoa: strengthening responsiveness to Māori in health research.** *Papaarangi Reid, Sarah-Jane Paine, Elana Curtis, Rhys Jones, Anneka Anderson, Esther Willing, Matire Harwood.*

<https://www.nzma.org.nz/journal-articles/achieving-health-equity-in-aotearoa-strengthening-responsiveness-to-maori-in-health-research>

### **3.2 Why cultural safety rather than cultural competency is required to achieve health equity: a literature review and recommended definition.** *Elana Curtis, Rhys Jones, David Tipene-Leach, Curtis Walker, Belinda Loring, Sarah-Jane Paine and Papaarangi Reid.*

<https://equityhealthj.biomedcentral.com/articles/10.1186/s12939-019-1082-3>

### **3.3 Te Ara Tika**

<https://www.auckland.ac.nz/en/fmhs/about-the-faculty/tkhm/Responsiveness-to-Maori/te-ara-tika.html>

Te Ara Tika is a framework for researchers and ethics committee members. Find out how to apply it to your research.

### **3.4 Mauriora Foundation Course in Cultural Competency**

<https://members.mauriora.co.nz/course/foundation-course-in-cultural-competency-maori/>

The Cultural Competency was developed specifically for the registered New Zealand health workforce and provides a basic understanding of cultural competency & health literacy in the New Zealand Health context.

### **3.5 New Zealand Medical Council Guide to Culturally Competent Care for Māori**

<https://wiki.auckland.ac.nz/display/ontrack/Cultural+Competency?preview=/129860538/129860514/Best-health-outcomes-for-Maori.pdf>

This resource booklet is designed to assist branch advisory bodies and doctors in meeting cultural competence requirements of the Health Practitioners Competence Assurance Act 2003 (HPCAA), and to address the health inequalities affecting Māori. The booklet will complement the Medical Council of New Zealand (the Council)'s Statement on best practices when providing care to Māori patients and their whānau, and Statement on cultural competence.

## 4. Courses available via External Sources

### 4.1 Papa reo

<https://www.twoa.ac.nz/nga-akoranga-our-programmes/study-from-home/nz-certificate-in-te-reo>

#### *Programme overview*

Free of charge. Have you always wanted to learn the Māori language but didn't know where to start? Take the first step in learning te reo Māori with Papa Reo.

This beginner's programme will teach you the basics in pronunciation and basic sentence structures. You'll be able to use formal and informal greetings, introduce yourself and recite your whakapapa (genealogy).

Learn from home at your own pace with amazing resources and regular visits from a kaitiaki (support person).

Upon successful completion of this programme, you will receive the following qualification: New Zealand Certificate in Te Reo (Reo Rua) Level 1.

Our study at home programmes have different start dates in each region, depending on current demand. Programmes fill quickly and your start date might be several months after you complete your enrolment. Once we receive your enrolment, we'll send you a letter confirming your start date. Please make sure you have provided everything for a complete enrolment.

#### *You'll learn about*

- Pronunciation of Māori words
- The pōwhiri process (welcoming ceremony)
- Different parts of the body
- Various parts of the marae
- Days of the week, dates, the time and seasons.

#### *Entry criteria*

- To enrol in this programme, a potential student must:
- Be at least 16 years of age
- Be a New Zealand citizen (or citizen of Australia, Tokelau, Niue, Cook Islands) or permanent resident.

## 4.2 He papa tikanga

<https://www.twoa.ac.nz/nga-akoranga-our-programmes/study-from-home/certificate-in-tikanga-maori>

### *Programme overview*

Free of charge. He Papa Tikanga will give you insight into a Māori worldview.

Learn about traditions, concepts, values and protocols and understand why Māori do things a certain way. Find out how to apply some of these concepts in your home, workplace and community. Challenge your thinking and reflect on your own beliefs and values and how they relate to those of other cultures.

Learn from home at your own pace with amazing resources and regular visits from a kaitiaki (support person).

Upon successful completion of this programme, you will receive the following qualification: New Zealand Certificate in Tikanga (Mātauranga Māori) Level 3.

### *You'll learn about*

- Basic Māori words
- Values and belief systems
- Māori traditions
- Māori in a contemporary world
- Māori philosophies and protocols.

### *Entry criteria*

- To enrol in this programme, a potential student must:
- Be at least 16 years of age
- Be a New Zealand citizen (or citizen of Australia, Tokelau, Niue, Cook Islands) or permanent resident.